

ISAC
International Schools
Activities Conference
2025-2026 HandBook
Founded 2024

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Guiding Statements

ISAC Philosophy

Our commitment is to nurture the growth of every student through a balanced focus on academics and athletics.. The ISAC organization is dedicated to fostering collaboration among its member schools by facilitating open communication, encouraging diverse activities, and acting as an extension of each school's programs. Through these efforts, we aim to support the holistic development of students, strengthen our schools, and enhance the overall impact of our organization.

ISAC Goals

ISAC, as an extension of its member schools and through its sponsored activities, aims to achieve the following objectives:

1. **Fostering collaboration** among member schools by facilitating activity exchanges.
2. **Ensuring effective management** of all ISAC programs.
3. **Promoting intercultural understanding** and cooperation.
4. **Encouraging principles of teamwork** and collaborative engagement.
5. **Cultivating self-discipline, respect, and fair competition.**
6. **Inspiring participation and excellence** across a diverse range of activities.
7. **Recognizing and celebrating exceptional achievements.**

Constitution

Membership

Members of ISAC include

1. American International School of Abu Dhabi - AISA
2. Gems American Academy - GAA
3. Canadian International School - CIS
4. Dunecrest - DUNE

Membership Requirements

Member schools obligations to the ISAC organization are as follows:

1. Promote the philosophy and goals of the organization.
2. Participate fully in all Core Events.
3. Comply with and support all ISAC board decisions.
4. Enforce the ISAC rules and regulations.

Voting

The Voting procedure will be as follows:

1. Each Full Member school shall receive one vote.
2. Voting shall be by roll call.
3. Majority vote shall be required to pass or defeat a proposal.
4. When adding a new ISAC member or a change in membership status, a unanimous vote is required.
6. To adopt a new ISAC activity or to change the basic nature of an existing activity, a unanimous vote is required. Following this, the Board will give the final Approval.

Calendar

The ISAC calendar covers the full academic year. A preliminary schedule of events will be proposed during the Fall Meeting for the upcoming school year and finalized during the Spring Meeting. School Athletic and Activities Directors will collaborate online to develop this tentative calendar.

For effective planning, it is advisable to follow the suggested weekend schedule for events, though adjustments may be needed to accommodate calendar conflicts such as school breaks or national holidays. Typically, Junior Varsity and Varsity sports tournaments are scheduled on separate weeks (e.g., JV Volleyball in the first week of November and Varsity Volleyball in the second week of November)

First Season (September-November)

1. Middle School Volleyball Boys and Girls
2. Junior Varsity Volleyball Boys and Girls
3. Varsity Volleyball Boys and Girls
4. JV and Varsity Invitational Swimming

Second Season (November-February)

1. Middle school Basketball Boys and Girls
2. Junior Varsity Basketball Boys and Girls
3. Varsity Basketball Boys and Girls
4. Junior Varsity Soccer Boys and Girls
5. Varsity Soccer Boys and Girls

Third Season (February-April)

1. Middle School Badminton Boys and Girls
2. Junior Varsity Badminton Boys and Girls
3. Varsity Badminton Boys and Girls

ISAC All-Star Team

All Star Teams will be determined by a voting procedure by the head coaches to be presented by the conclusion of the ISAC End Of Season Tournament. The number of nominations by team will be determined by the regular season results of ISAC competitions. If a team finishes in a tie then tie-breaking procedures will be utilized.

Nominations per sport will be nominated by the following process:

Volleyball (Per Team & Per Gender)

Regular Season Placement	Number of Nominations	Total Number of All-Star Team	Total Number of Honorable Mentions
1st	5 (4 / 1)	7	7
2nd	4 (2 / 2)		
3rd	3 (1 / 2)		
4th	2 (0 / 2)		

The top 7 student athlete vote receivers will be awarded as the **ISAC All-Star Team**. If there is a tie in votes in which more than 7 student athletes would be in the All-Star team then the coaches that represent the student athletes up for consideration (presumably tied for 7th place)

will give a brief explanation of reasoning for their nominee. Then a revote will take place which will only include the tied 7th place athletes. Votes will continue to take place until only 7 athletes are on the All-Star Team. Those student athletes who were nominated but did not receive enough votes to be awarded to the ISAC All-Star Team will automatically be awarded **ISAC Honorable Mention**.

Basketball (Per Team & Per Gender)

Regular Season Placement	Number of Nominations	Total Number of All-Star Team	Total Number of Honorable Mentions
1st	4	5	5
2nd	3		
3rd	2		
4th	1		

The top 5 student athlete vote receivers will be awarded as the **ISAC All-Star Team**. If there is a tie in votes in which more than 5 student athletes would be in the All-Star team then the coaches that represent the student athletes up for consideration (presumably tied for 5th place) will give a brief explanation of reasoning for their nominee. Then a revote will take place which will only include the tied 5th place athletes. Votes will continue to take place until only 5 athletes are on the All-Star Team. Those student athletes who were nominated but did not receive enough votes to be awarded to the ISAC All-Star Team will automatically be awarded **ISAC Honorable Mention**.

Boys Football / Soccer (Per Team)

Regular Season Placement	Number of Nominations	Total Number of All-Star Team	Total Number of Honorable Mentions
1st	8	11	11
2nd	6		
3rd	5		
4th	3		

The top 1 student athlete vote receivers will be awarded as the **ISAC All-Star Team**. If there is a tie in votes in which more than 11 student athletes would be in the All-Star team then the coaches that represent the student athletes up for consideration (presumably tied for 11th place) will give a brief explanation of reasoning for their nominee. Then a revote will take place which will only include the tied 11th place athletes. Votes will continue to take place until only 11

athletes are on the All-Star Team. Those student athletes who were nominated but did not receive enough votes to be awarded to the ISAC All-Star Team will automatically be awarded **ISAC Honorable Mention**.

Girls Football / Soccer (Per Team)

Regular Season Placement	Number of Nominations	Total Number of All-Star Team	Total Number of Honorable Mentions
1st	6	8	8
2nd	5		
3rd	3		
4th	2		

The top 8 student athlete vote receivers will be awarded as the **ISAC All-Star Team**. If there is a tie in votes in which more than 8 student athletes would be in the All-Star team then the coaches that represent the student athletes up for consideration (presumably tied for 8th place) will give a brief explanation of reasoning for their nominee. Then a revote will take place which will only include the tied 8th place athletes. Votes will continue to take place until only 8 athletes are on the All-Star Team. Those student athletes who were nominated but did not receive enough votes to be awarded to the ISAC All-Star Team will automatically be awarded **ISAC Honorable Mention**.

By Laws

ISAC Core Sports

Basketball, Volleyball, Soccer, Badminton

ISAC core sports and events represent the essential activities that ISAC schools are expected to engage in as part of their membership. Participation in these core activities is mandatory and crucial for maintaining membership status. Only schools that are ISAC members are eligible to participate in these core sports and events. Any exceptions to this rule require a unanimous vote from the membership.

ISAC Invitational Sports/Events

Swimming, Track and Field

Invitational events are organized by ISAC schools, which receive priority access for participation. Attendance at these events is optional for ISAC member schools. To avoid scheduling conflicts, member schools should not arrange other invitational events that compete directly with those hosted by fellow members. At the discretion of the host school, non-member schools may also be invited to these events.

Eligibility

A student is deemed eligible for participation if they are enrolled as a full-time student at a ISAC member school and fulfill the school's requirements, including the following age criteria:

1. **Junior Varsity (JV)** - Must be under 16 years old before September 1 of the academic year in which they participate.
2. **Varsity** - Must be under 19 years old before September 1 of the academic year in which they participate.

Students are not permitted to compete in both JV and Varsity tournaments for the same sport. ISAC is dedicated to promoting amateur athletics and activities, and it is understood that all participants are expected to maintain an amateur status in their ISAC involvement.

Roster Size

The following is a list of maximum and minimum number of students per roster.

Activity	Maximum	Minimum
Volleyball	25	8
Soccer	25 Boys 20 Girls	11/9
Basketball	20	8
Badminton	12	4

ISAC Event Considerations

Factors important to hosting an event:

1. community involvement (spirit-parents-students-staff)
2. boost to host school's program
3. control of facilities
4. tournament logistics
5. Costs
6. camaraderie among participating teams
7. travel distance/time to off-campus facilities

Team Rosters

Rosters must be submitted to the host school no later than two (2) weeks prior to the event. Failure to meet this deadline may result in the visiting school being removed from the event at the discretion of the host school.

Medical Considerations

1. Each host school shall have adequate medical aid facilities for its events. In addition, there will be a designated person at the host school to assist and accompany students requiring off campus medical assistance.
2. An injury report form must be submitted from the host school to the injured student's coach to be conveyed to the Principal and parents of the student.
3. A Site Specific Emergency Action Plan should be shared with visiting schools in advance of the event.

4. Teams must be sure to bring extra uniforms and have protective supplies such as rubber gloves and face masks in the first aid kits.
5. A player required to leave the field of play because of a bleeding injury or blood on the uniform, may be substituted for and re-enter the game at the referee's beckoning. Both the injured player and the substitute shall be exempt from the normal substitution restrictions.
7. For any situation other than precautionary check-ups, the parents of the injured student must be contacted.
8. If the parents cannot be contacted, then the student may not continue playing, even if a doctor gives permission to play.
9. Final decision on athletes being able to play falls under the responsibility of the administrator in charge of the host school. Medical professional needs to be contacted.
10. The host school's tournament / event director has the final say, after consultation with the Administrator-in-charge of the school the injured player is from.

Health and Safety

Heat Index Policy

The heat index cut off for playing outdoor games is set at 45 for JV and Varsity games. Games to be modified at 35+ to include more water breaks and rests in shade and/or air conditioned rooms. Any host site regulations with lower temperature thresholds supersede ISAC temperatures.

AQI Policy

The AQI cut off for playing an outdoor sport will be 200. Readings will be based on host school policy regarding the source of their data/reading of the current AQI. Modifications to outdoor sports can be made by the host school starting at 150. Modifications may include shortening games, increasing rest periods, moving athletes indoors during down time, offering a break midway through each half in soccer.

Lightning Policy

Games should be postponed if lightning is present within 16km (10 miles) and wait 30 minutes with no thunder or lightning to resume play. Host school to determine method of monitoring (e.g. Weather APP, 30 minutes from last thunder clap, etc.).

Tournament Scheduling

1. No team should play 3 games in one day in basketball, soccer or volleyball.
2. All teams play at least one game on the final competition day.
3. A team cannot play the last game at night and the first game in the morning.
4. A team cannot play the last game in the morning and the first game in the

afternoon.

5. No team should play the first game in the morning more than twice.

6. In scheduling ISAC team sports tournaments, each ISAC schools combined boys/girls teams shall have an equal number of home and away games during the round robin portion of the tournament.

7. If two playing fields/courts are used for a tournament and one is of better quality, the gender having the featured final of the tournament will be assigned to the better field/court for three of the five round robin rounds, but not for the consolation round.

8. In the spirit of ISAC, in all events and tournaments fifth round matches will be played regardless of standing. No forfeits will be allowed.

9. Whenever possible, teams from the same school must not be scheduled to play at the same time.

League Format

In ISAC each team is required to host one home match and attend one away match as part of the regular season. This structure ensures that all teams experience both the advantage of playing on their own field and the challenge of competing at their opponents' venues. The balance of home and away games promotes fairness and allows teams to showcase their strengths in different settings.

Post League Playoffs

In the playoffs, matches are hosted at one of the member schools on a rotational basis. This system ensures that each participating school has the opportunity to host playoff games over time. In the playoff format, the top-seeded team will face the fourth seed, while the second seed will compete against the third seed. This arrangement maintains competitive balance and allows for fair and exciting postseason matchups.

Uniform

The home team will be named second in the program and will wear the lighter colored uniform. This includes all uniforms for Football, Volleyball and Basketball.

CIS - Red/ Black - Grizzlies

GAA - White/Blue- Wildcats

AISA - Yellow/ Blue - Lions

DAS - Maroon/White - Eagles

Noise Makers

Upon hosting tournaments or league fixtures no noise makers such as drums, musical instruments and various other loud distractions will not be allowed in the facility of the match in any sports.

Rules Infraction Procedures

If an issue arises concerning the behavior of a student participant during any ISAC event or involving a visiting student while in the host city, the following steps will be taken:

1. **Notification:**
 - The host school's Event Director and senior administrator will be informed of the behavioral issue.
 - The student's coach or sponsor will be notified of the issue as well.
2. **Investigation:**
 - The Event Director and the student's coach or sponsor will work together to gather all relevant facts about the situation, review the ISAC Standard Statement of Rules, and seek a mutual understanding of the issue.
3. **Action Determination:**
 - The Event Director will decide on the appropriate action regarding the student(s)' participation in the event. Possible actions include:
 - a. Determining that the issue does not warrant disciplinary action.
 - b. Allowing the student(s) to continue participating, with a formal written report of the issue sent to the administration of the student's school.
 - c. Removing the student(s) from further participation in the activity.
 - d. In severe cases, sending the student(s) back to their school at their own expense.
 - e. Excluding a student found in possession of or using alcohol, tobacco, or illegal drugs for one calendar year from ISAC events, including the same activity the following year.
 - f. Excluding a student who commits a major curfew violation for one calendar year from ISAC events, including the same activity the following year.
 - g. Any suspension from an event will only affect results from the time of the infraction onward; pre-infraction results will remain unchanged.
 - h. Disciplinary actions will be carried over if the student transfers to another ISAC school.
 - i. The decision of the Tournament Director is final.
4. **Coach/Sponsor Role:**

- The coach or sponsor cannot overturn any disciplinary action taken by the Event Director but may impose additional measures in line with their own school's policies or philosophy.

ISAC

Athletics

Volleyball

Rules: Rules approved by the FIVB.

Rule Exceptions: Maximum of 25 players per team.

Net Height: JV Girls 2.18m /JV Boys 2.33m/Varsity Girls 2.24m/Varsity Boys 2.43m

Referees: Minimum of 2 referees for all volleyball matches.

After the coin toss, the winner (eventual first serving team) gets full use of the court for 4 minutes to practice setting and spiking while the other team warms up on the court sides. The other team then takes the court for hitting practice for 4 minutes while the first uses court-side space for warm-up. Two minutes of warm-up are given to both teams to practice serving Simultaneously.

Each set is played to 25 ("rally" scoring) with the third set, if necessary, played to **15 points** and Each match is the best of 3 sets. Should a match require a third set, teams will change sides when the first team reaches **8** points. This is not a timeout. Play resumes immediately with the players taking the same position they held prior to the switch, and the same team serves. Timeouts are 30 seconds. Each team is allotted 2 timeouts per set.

Regardless of the match being won in two sets a friendly third set will be played, it is at the coaches discretion if they play to 15 or 25, If coaches disagree what to play to, it will default to 15. This is a friendly set and will not count towards league standings, it's meant to be played in good nature and allow substitutes a chance to play.

Adjusted rule :

A third friendly set may be played after a match has been decided, provided both coaches agree to play it. The set may be played to either 15 or 25 points, at the discretion of the coaches. If the coaches cannot agree on the length of the set, the default will be 15 points.

The host school's Athletic Director reserves the right to overrule the coaches' decision based on the overall length of the event or scheduling considerations.

This third set is considered **friendly** and will **not count toward league standings**. Its purpose is to promote **good sportsmanship** and provide an opportunity for **substitute players to gain experience**.

Substitutions: A maximum of 8 substitutions will be permitted per team per set, using F.I.V.B. Rules with one change. These substitutions may be made all at once or during separate legal interruptions. A starting player may leave the court twice in one set but may only enter the set in their previous position in the lineup. A substitute may enter the court twice in one set for any starting player, but may only be replaced by the same starting player.

Example:

- 1) Starter Smith is replaced by Jones - first substitution
- 2) Jones is replaced by Smith - second substitution
- 3) Smith is replaced by Jones - third substitution
- 4) Jones is replaced by Smith - fourth substitution
- 5) This is the maximum number of substitutions allowed in one game at one position.

Libero: The Libero must be recorded on the score sheet before the match in the special line reserved for it. His/Her number must be added on the line-up sheet on the first set. The specific rules for the Libero player are as follows:

Equipment: The Libero must wear a different color uniform, shirt or jacket in contrast to the other members of the team.

Playing Actions:

- 1) The Libero is allowed to replace any player in a back row position.
- 2) He/She is restricted to perform as a back row player and is not allowed to complete an attack hit from anywhere (including playing court and free zone) if at the moment of contact the ball is entirely higher than the top of the net.
- 3) He/She may not serve, block, or attempt to block.
- 4) A player may not complete an attack hit from higher than the top of the net, if the ball is coming from an overhand finger pass by a Libero in the front zone. The ball may be freely attacked if the Libero makes the same action from behind the end zone.

Replacement of Libero:

- 1) Replacements involving the Libero are not counted as regular substitutions. They are unlimited but there must be a rally between two Libero replacements.

- 2) The Libero can only be replaced by the player whom he/she replaced.
- 3) Replacements can only take place at the start of each set after the second referee has checked the starting line-up, while the ball is out of play, or before the whistle for service.
- 4) A Libero may only enter or leave the court by the sideline in front of his/her team bench between the attack line and the end line.

Replacement of Injured Libero:

- 1) With the previous approval of the first referee, an injured Libero may be replaced during the match by any player who is not on the court at the moment of the injury. The injured Libero may not re-enter to play for the remainder of the match.
- 2) The player designated to replace an injured Libero must remain as a Libero for the remainder of the match.

Tie Breaker:

If two or more teams are tied at the end of the preliminary round, the following criteria will be applied, in order:

- 1) The team having the best ratio of won/lost games, considering games between tied teams will be ranked higher.
- 2) The team having the best ratio of won/lost sets; considering matches played between The tied teams will be ranked higher.
- 3) The team having the best ratio of points for/against, considering matches played between the tied teams, will be ranked higher.
- 4) The team having the best ratio of won/lost sets, considering all matches of the round, will be ranked higher.
- 5) The team having the best ratio of points for/against, considering all matches played during the round, will be ranked higher.
- 6) As determined by the Organizing Committee (e.g. extra game, toss of coin, etc.) prior to the start of the tournament.

When you apply this rule to break a tie you should follow this sequence:

When two teams are tied, the tie-breaking criteria are applied one after the other until the tie has been broken. When three or more teams are tied, the tie-breaking criteria are applied one after the other until one team is clearly first or last among the tied teams. After this stage in the tie-break, if other teams remain tied, return to the first stage of the tie-breaking procedure.

Facilities: Indoor courts are mandatory.

Soccer

Rules:

- 1) All matches will be played in accordance with FIFA Laws of the Game unless specifically stipulated below.
- 2) Red Card - Any player shown a Red Card for violent conduct or dissent will be excluded from taking any further part in the tournament.
- 3) A player receiving a red card for any lesser offense will be suspended from participating in the current game and the following game.
- 4) Any player receiving 2 yellow cards in different games will be suspended for the match following the second yellow card. Further yellow cards following this will result in a further match ban on each occasion.
- 5) The yellow card count will be reset at the start of the finals with the exception of receiving a second yellow or red card in the last round robin game.

Rules Exceptions:

Playing Time

- i. All Junior Varsity games and Varsity games are 2 x 25 minute halves with a 5 minute half-time break.

Recommended Field and Goal Size

- i. Field sizes for girls should be approximately 45 x 60 meters. The goal size is 8' x 18' (2.44m x 3.66m).
- ii. Field sizes for boys should be approximately 50 x 90 meters. The goal size is 8' x 24' (2.44m x 7.32m).

Team and Roster Sizes

- i. JV and Varsity Girls are 7 on the pitch and 15 max roster.
- ii. JV and Varsity Boys are 11 on the pitch and 19 max roster.

Substitutions:

Unlimited substitutions are permitted each game. Players are allowed to re-enter games as many times as needed. Either team may only substitute on goal kicks, corner kicks, or throw-ins.

Facilities:

A minimum of two fields are required if five or more teams are competing. Grass or

Astroturf fields are mandatory.

Mercy Rule:

In the unlikely event of a mismatch performance between two teams, the maximum goal difference in a game will officially be recorded as + 5 goals.

Officials:

Qualified officials should referee all games and must use the tournament language of English while 8 aside games will have a 2 man-system and an 11 aside game will be a 3 man-system.

Injury Rule:

If an official stops the play for an injured player, or if the athlete requires/receives attention, the injured player will be required to leave the playing field until the next stoppage of play, even if it is the goalkeeper.

Tie Breaker Procedure for Soccer:

If two or more teams are tied at the end of the preliminary round, the following criteria will be applied, in order:

Match / League Format

- Soccer will use the following scoring system during the Round Robin phase: 3 points for a Win, 1 point for a Draw and 0 points for a loss.
- The team having the best goals differential, considering all games played between the tied teams, will be ranked higher.

Tiebreaker for Playoff and Championship Games:

Penalty kicks will be taken by five players (who were playing at the end of the game) from each team. A coin toss will determine which team kicks first. The referee will record the shooting order with the penalty kicks alternating between teams. If a tie still exists after these five kicks, the goalkeeper may be changed. Then “sudden death” penalty kicks are taken by players other than those who have already taken one.

Basketball

Rules:

FIBA rules

Rule Exceptions:

- 1) Varsity and JV games will consist of 4 X 8 minute stop time quarters.
- 2) ISAC will utilize a 30 second shot clock. Based on the shot clock formula of thirds, there will be 10 seconds in the backcourt and a 20 second reset on offensive rebounds when a team maintains possession after a foul committed by the opposition team.
- 3) Each overtime period will be 3 minutes.
- 4) 5 minute break at half time.
- 5) A jump ball will be used to determine possession at the start of the game and also at the start of EACH overtime period.
- 6) When the score differential reaches 20+ points, the clock will continue to run, except on time-outs and free-throws. If the score comes back under 20 points, the game resumes as normal.
- 7) If a player or coach receives 2 technical fouls, he/she is ejected from that game and the next. If a player receives 2 ejections, he/she is ejected from the tournament. If a player is involved in a fight, he/she is ejected from that game and the next game. A second altercation will result in the player being ejected from the tournament. Threatening or making an aggressive contact with an official is an automatic ejection from the game and the tournament. Whenever a player is disqualified he will change out of uniform but remain on the team's bench for the duration of the penalty. Whenever a coach is disqualified he will leave the gym for the duration of the penalty. The coach will be replaced by the assistant coach or supervisor listed on the ISAC official team roster.

Rosters:

- 1) On the first day of competition, the coach must submit a complete roster to the scorer's table. Thereafter, the scorer will use that complete roster, and the coach will provide the starting line-up.
- 2) Rosters shall consist of a minimum of 6 players and a maximum of 20 players.
- 3) 2 coaches and 1 manager may accompany the team and sit on the bench. Only one of these coaches may stand and address the refs during the game. The other coach and

the manager must remain seated on the bench and not address the officials at any time.

Facilities:

- 1) Team benches are required to be located on the same side of the court as the scoring table.
- 2) A minimum of two standard indoor courts are required if 5 or more teams are competing. Indoor courts are mandatory.
- 3) A visible shot clock must be used

Special Equipment:

- 1) A good quality leather or composite leather ball (NFHS or FIBA approved) must be used for all games.
- 2) A 28.5 women's ball is used for all girl's games.

Uniforms:

- 1) Unless other arrangements are made, the home team will wear light colored jerseys.
- 2) During tournaments the higher seeded team will be the home team.

Officials:

- 1) Referees who may have a conflict of interest should not officiate games.
- 2) Officiating assignments for games are the sole responsibility of the host school.
- 3) There will be a minimum of 2 officials for all games.

Tie Breaking Procedures for Basketball:

If two or more teams are tied at the end of the preliminary round, the following criteria will be applied, in order:

- 7) The team having the best ratio of won/lost games, considering games between the tied teams, will be ranked higher.
- 8) The team having the best ratio of points for/against, considering all games played between the tied teams, will be ranked higher. (max 20 point differential per game)
- 9) The team having the best ratio of points for/against, considering all games played during the round will be ranked higher. (max 20 point differential per game)
- 10) When two teams are tied, the tie-breaking criteria are applied one after until the tie has been broken.
- 11) When three or more teams are tied, the tie-breaking criteria are applied one after the other until all the tied teams have ranked.

**Once the first tie is sorted out then the process goes back to step 1.

Badminton

Rule Exceptions:

- 1) 4 team tournaments are played as 2 day tournaments with 1 round robin matchup + finals, 5 team tournaments are played as 3 day tournaments with 1 round robin match up + semis + finals, 6 team tournaments are played as 3 day tournaments with 1 round robin matchup + finals.
- 2) Teams compete in the following categories: SB1, SB2, SB3, SB4, SB5 (alternate) SG1, SG2, SG3, SG4, SG5 (alternate) BD1, BD2, GD1, GD2, MXD1(alternate doubles players) and will consist of five boys and five girls per group: JVB, JVG, VB and VG.
- 3) Seeding for individuals needs to be filled in "from the top down" (Ex. If you only have 3 players in a division they need to be seeded 1,2 &3; not 2,3,4)
- 4) Pairing of doubles teams is left to the discretion of the team coaches
- 5) Each coach will have to submit a final roster before the beginning of the tournament. The seeded players will not change during the duration of the tournament.
- 6) Mixed doubles and Seed 5 results will not count towards the overall point totals.
- 7) Every match during the round robin is a best of 3 sets to 15 points, win by 2, up to 21.
- 8) Points are awarded for each match winner as follows: Seed 1 = 3 points, Seeds 2 through 4 = 2 points.
- 9) Coaches may coach for 30 seconds between sets.
- 10) Players are expected to be at court-side 15 minutes prior to the scheduled match and will begin immediately if the preceding match finishes early.
- 11) Each match will be preceded by two minutes of warm-up on the court.
- 12) Round robin results will determine the championship team award winners. (Banner winners)
- 13) Final round playoffs will be played based on seeding from round robin portion of the tournament to determine medal winners in each division for Singles Seeds 1-4 and Doubles Seeds 1-4 and will be played as best of 3 sets to 21 points, win by 2, up to 25.

Final playoff matches will take place as follows based on results from

round robin

seeding for each division:

1st Place (Gold medal match): Seed 1 vs Seed 2

3rd Place Match (Bronze medal match): Seed 3 vs Seed 4

14) Athletes will referee their own game and both players will report the score to the table.

15) Players may request a coach or adult to umpire if they feel the calls are unfair at the discretion of the Tournament Director.

16) In case of a disagreement between players, the Tournament Director will decide the ruling.

Substitution:

In case of an injury, a school's fifth seed player may substitute for the injured player. This substitution is for the remainder of the match. The injured player may return to play in a future match.

Equipment:

1) A good quality game shuttle must be used. The Yonex Mavis 350 blue cap is required.

2) Nets must be appropriate height and in good working order.

Tie Breaking Procedures for Badminton:

If two or more teams are tied at the end of competition play, the following criteria will be applied, in order:

1) The team having the best ratio of won/lost matches, considering matches between the tied teams, will be ranked higher

2) The team having the best ratio of won/lost sets, considering matches played between the tied teams, will be ranked higher.

3) The team having the best ratio of points for/against, considering matches played between the tied teams, will be ranked higher

4) The team having the best ratio of won/lost sets, considering all matches of the competition, will be ranked higher

5) As determined by the organizing committee (e.g. extra game, toss of a coin, etc.)

Note: If there is a tie among teams X, Y and Z and criteria "b" is able to determine X as first, Y as second and Z as third, then no further criteria are to be used. The tie is broken.

However, if criteria "b" determines X as first and there is still a tie between Y and Z return to criteria "a".

Individual Medals:

Individual winners will receive a medal: SB1, SB2, SB3, SB4, SG1, SG2, SG3, SG4, BD1, BD2, GD1, GD2

ISAC All-Star Team

All Star Teams will be determined by a voting procedure by the head coaches to be presented by the conclusion of the ISAC End Of Season Tournament. The number of nominations by team will be determined by the regular season results of ISAC competitions. If a team finishes in a tie then tie-breaking procedures will be utilized.

Nominations per sport will be nominated by the following process:

Volleyball (Per Team & Per Gender)

Regular Season Placement	Number of Nominations	Total Number of All-Star Team	Total Number of Honorable Mentions
1st	5 (4 / 1)	7	7
2nd	4 (2 / 2)		
3rd	3 (1 / 2)		
4th	2 (0 / 2)		

The top 7 student athlete vote receivers will be awarded as the **ISAC All-Star Team**. If there is a tie in votes in which more than 7 student athletes would be in the All-Star team then the coaches that represent the student athletes up for consideration (presumably tied for 7th place) will give a brief explanation of reasoning for their nominee. Then a revote will take place which will only include the tied 7th place athletes. Votes will continue to take place until only 7 athletes are on the All-Star Team. Those student athletes who were nominated but did not receive enough votes to be awarded to the ISAC All-Star Team will automatically be awarded **ISAC Honorable Mention**.

Basketball (Per Team & Per Gender)

Regular Season Placement	Number of Nominations	Total Number of All-Star Team	Total Number of Honorable Mentions
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1st	4	5	5
2nd	3		
3rd	2		
4th	1		

The top 5 student athlete vote receivers will be awarded as the **ISAC All-Star Team**. If there is a tie in votes in which more than 5 student athletes would be in the All-Star team then the coaches that represent the student athletes up for consideration (presumably tied for 5th place) will give a brief explanation of reasoning for their nominee. Then a revote will take place which will only include the tied 5th place athletes. Votes will continue to take place until only 5 athletes are on the All-Star Team. Those student athletes who were nominated but did not receive enough votes to be awarded to the ISAC All-Star Team will automatically be awarded **ISAC Honorable Mention**.

Boys Football / Soccer (Per Team)

Regular Season Placement	Number of Nominations	Total Number of All-Star Team	Total Number of Honorable Mentions
1st	8	11	11
2nd	6		
3rd	5		
4th	3		

The top 11 student athlete vote receivers will be awarded as the **ISAC All-Star Team**. If there is a tie in votes in which more than 11 student athletes would be in the All-Star team then the coaches that represent the student athletes up for consideration (presumably tied for 11th place) will give a brief explanation of reasoning for their nominee. Then a revote will take place which will only include the tied 11th place athletes. Votes will continue to take place until only 11 athletes are on the All-Star Team. Those student athletes who were nominated but did not receive enough votes to be awarded to the ISAC All-Star Team will automatically be awarded **ISAC Honorable Mention**.

Girls Football / Soccer (Per Team)

Regular Season Placement	Number of Nominations	Total Number of All-Star Team	Total Number of Honorable Mentions
1st	6	8	8

2nd	5		
3rd	3		
4th	2		

The top 8 student athlete vote receivers will be awarded as the **ISAC All-Star Team**. If there is a tie in votes in which more than 8 student athletes would be in the All-Star team then the coaches that represent the student athletes up for consideration (presumably tied for 8th place) will give a brief explanation of reasoning for their nominee. Then a revote will take place which will only include the tied 8th place athletes. Votes will continue to take place until only 8 athletes are on the All-Star Team. Those student athletes who were nominated but did not receive enough votes to be awarded to the ISAC All-Star Team will automatically be awarded **ISAC Honorable Mention**.